



**RTO
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District 11
Waterloo Region

October, 2023

President's Comments

Happy Fall everyone! I hope that you are enjoying the cooler weather. I personally love hiking in this weather! It is great for both the mind and the body.

On a sad note we have two directors who have retired from the board:

I would like to take this opportunity to thank Margaret Coleman, who has been on the Board of Directors for 10 years, for all her work helping to make RTOERO District 11 a welcoming and active District. She was also the first Admin and Support RTOERO member to serve on and act as Chair for the National Marketing and Communication Committee. We certainly appreciate all you have done for us and wish you well in pursuing other activities.

Cathie Streeter has also resigned from the District 11 Board of Directors, which she was part of for many years. Cathie was integral in developing an efficient Goodwill system. She was responsible for sending Birthday and Christmas cards and gifts to our members who are over 85 years old. Many cards sported RTO member photography and Waterloo County children's art. She was also active in organizing our Luncheons and Silver Senior activities. We also wish her well in her continuing activities during retirement.

On a happy note, we welcome Rose Noonan who is acting treasurer while Doug Nosal is off on a medical leave. She is also involved in the recruitment of new members. Also new to our Board is Peggy Bain who will be involved in organizing our luncheons, movie days and travel outings. Welcome Peggy.

Sylvia Ranson, who is our newsletter editor, is asking for help. She is looking for someone to be a managing editor to receive and distribute member stories and articles in preparation for the publication of News at 11. The person applying needs to have good organizational skills and a facility with file management. If interested please contact Sylvia at:

rtodistrict11newsletter@gmail.com What a great way to help the district without having to attend board meetings!

In addition, there will be a questionnaire sent to you by email asking you how you prefer to receive News at 11 - in hard copy or by email. This is to align with RTOERO's strategic plan for Environmental Stewardship. Please take the time to make your choice. Thank you.

If any of you are interested in maybe becoming a board member or volunteering to help out with District 11 activities, please contact me at: president11@districts.rtoero.ca

Terry Hamilton

CHECK OUT THESE UPCOMING EVENTS!		
Don't miss the Registration Forms included below:		
Coming Event	Date	How to Register
Book Club	Thursday, October 19, 10am	Sign up, or get more info click here: get more info using this Registration Form .
Fresh Air Friday	10:30 am Friday October 20, 2023 at Geo Trail	to register click here: https://forms.gle/HvSewaNbWKnyZoL27
Coffee and Conversation	9:30 on Tuesday October 10, 2023	to register click here: https://forms.gle/ajkiSqFJeyW3fmJJ7
Stitching with Friends	1 pm Monday October 16, 2023	to sign up click here: https://forms.gle/kaTo5YHuFDemD5nt6
Movie Monday	Monday October 2, 2023	click here: https://www.landmarkcinemas.com/movie-deals/seniors-day/
Fall Luncheon	Thursday, November 16, 2023 11:30 am at Golf's	Register Here

MORE INFORMATION ABOUT OUR UPCOMING EVENTS

District 11 will again offer activities monthly for you to meet with members, online and in-person. Some of our monthly activities include:

- **Book Club** - This is a popular event, organized by member Susan Watt, where members meet to discuss a group-chosen book. 2023/24 will be the third year for the District 11 book club! In the past, our books have offered meaningful opportunities for rich discussion; we look forward to continuing this as we begin a new year! We are planning to hold in-person meetings this fall. As the year goes on, we will decide whether to continue in person or use Zoom, depending on weather, health concerns, etc. For now, meetings will be on the third Thursday of each month at 10 a.m., location TBA.
- **Fresh Air Fridays** - members enjoy the outdoors at different trails and parks in the region
- Geo trail, 594 Sundew Dr., Waterloo, N2V 0B9
- **Coffee and Conversation** - A location is picked when we know how many people are attending. You will receive an email regarding the location for our October get-together.

- **Stitching with Friends** - members meet online to enjoy crocheting, knitting, fabric arts and chatting. Please join us via Zoom on the third Monday of each month at 1:00 pm. Sign up once and you will receive the zoom link monthly. The link will be emailed a few days before the event.
- **Special activities** - occur at different times (plays, musicals, workshops, tours) Check District 11's Facebook page and website for updates.

Movie Monday - Seniors Day Savings @ Landmark Cinema, 135 Gateway Park Drive , Kitchener, ON, N2P 2J9, (65+) (20% off ticket and concession)

Theatre News

“Evita” @ Hamilton Family Theatre, Sunday November 5th, 2023 @ 2 pm

District 11 has secured 60 tickets. We have 25 left. Tickets need to be purchased prior to Oct. 5th, 2023.

<https://www.eventbrite.ca/e/evita-tickets-684961447127?aff=oddtcreator>

Fall Luncheon - Thurs. Nov 16 at Golfs. Members are invited to register online ([Click Here](#)) The menu for our fall luncheon includes a garden salad, a main course, and assorted pies for dessert. Main Course options are

- Chicken Supreme, Mashed Potatoes and Roasted Vegetables, or
- Moroccan Chick Pea and Lentil Stew with Rice Payment - \$30 per person/ paid online

We have moved to an online payment system that is operated and secured through the RTOERO Finance Department in Toronto. This encrypted system is highly regulated and secure.

We hope you'll join us for our Fall Luncheon.

Events to look forward to:

Chair yoga by zoom with Mary Zadell - sometime in November - details in November Enews
Sheridan Nurseries, Christmas Planter, November 23, 2023

Night out with the Kitchener Rangers - 2 pm January 14, 2024 - details in November Enews
Advanced Care Planning with Patti Haskell, We are looking at a Zoom meeting in late January 2024.

Follow District 11 News and Events on Facebook and our Website:

<https://www.facebook.com/RTOERODistrict11WaterlooRegion> / <https://district11.rtoero.ca/>